



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of JULY 2025

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MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS		677
JDN(Less than 40)		128
SSS I	-	326
SSS II		283
SSS III		239
PPS	1	365
CGP	1	38
AMS	-	133
PEPS		10
KHS	-	380
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

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2.BRANCH MEETING

I) EXECUTIVE COMMITTEE MEETINGS

16.07.2025: Executive Meeting

Executive Committee Meeting on 16.07.2025. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 31 members attended the meeting. Vote of thanks was proposed by Dr.Sreejith V (Secretary IMA Thalassery).



II) GENERAL BODY MEETING

23.07.2025: GENERAL BODY MEETING

The General Body Meeting was held at Gokulam Fort, Thalassery. Dr. Nadeem Abootty (President IMA Thalassery) welcomed the attendees. Dr. Sreejith V (Secretary IMA Thalassery) proposed a vote of thanks. A total of 39 members attended the meeting.



3. BRANCH CHAPTERS

AMS

23.07.2025:CME

IMA Thalassery in association with Physicians Club thalassery and IMA AMS Thalassery conducted a CME on **“Evolving diagnostics and treatment in TB”** by Dr.Rejna Dilnath(Consultant Pulmonologist, District TB Centre, Kannur) Dr. Nadeem Abootty (President IMA Thalassery) presided over the meeting, which was attended by 39 members. Dr. Sreejith V (Secretary IMA Thalassery) proposed the vote of thanks.



4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

10.07.2025: Class on “Diarrheal diseases and importance of ORS”

Class on “Diarrheal diseases and importance of ORS” was taken by Dr.Sreeja Viswan for hospital staff and ASHA workers at Mangattidam PHC on 10.7.25 .



11.07.2025: Awareness class on “Anaemia mukth Barath, Rabies and Monsoon diseases”

Awareness class on “Anaemia mukth Barath, Rabies and Monsoon diseases” was given to PTA Meruvambai UP school Mangattidam on 11-7-25 by Dr.Sreeja Viswan. Around 400 people including parents and school children participated in the program.



12.07.2025: Session of healthy life and participated in the Zumba session

Dr.Sreeja Viswan inaugurated the Kadirur ,village conference organised by Democratic Ladies Association at Kadirur bank Auditorium on 12.7.25.She also took a session of healthy life and participated in the Zumba session along with 35 ladies of Kadirur Panchayath.



15.07.2025: Class on Leptospirosis for Harithakarmasena members

Dr.Sreeja Viswan conducted medical camp and took a class on Leptospirosis for Harithakarmasena members of Mangattidam panchayat in a program organised by Mangattidam PHC and Thalassery legal service society on 15.7.25.About 30 members attended the program.



15.07.2025: A class on “First Aid in snake bite ”

A class on “First Aid in snake bite ” was also arranged by Dr. Sreeja Viswan for Harithakarmasena members of Mangattidam Panchayat on 15.7.25. Class was taken by rescue volunteer Mr. Bijilesh Kodiyeeri.



19.07.2025: Session on ‘Menopause’

A session on ‘Menopause’ was taken by Dr.Suchitra Sudhir for school Teachers at Pattiyam GHSS on 19.7.25.



25.07.2025: Class on ORS in Diarrheal Diseases

Class on ORS in Diarrheal Diseases was taken by Dr.Priya at Kayaloor Anganwadi under CHC Mattannur on 25-07-2025.



27.07.2025: CME on Cardiology Update 2025 conducted at Baby Memorial Hospital Kannur on 27.07.2025. Dr.Chandrasekharan, Dr.Chandran P V, Dr.Nadeem Abootty, Dr.Jayadevan, Dr.Ramesan T, Dr.Ramesh Maroli, Dr.Rajasekharan & Dr.Sreeja attended and chaired various sessions during the CME.



28.07.2025: Leprosy detection camp

Leprosy detection camp was conducted at kolassery UPHC by Dr Vidya. Around 40 people were screened.



29.07.2025: Session on “Acute Diarrheal diseases and importance of ORS”

Dr.Maya Jithin took a session on “Acute Diarrheal diseases and importance of ORS” at Pinarayi CHC on 29.7.25 as part of observing World ORS Day.



5) PARTICIPATION IN STATE MEETINGS

Major state events

27.07.2025: Managing Committee Meeting

Dr.Aravind C Nambiar attended the Managing Committee Meeting at Periyar House ,Aluva.



Participation in Zonal Meeting

30.07.2025: District Committee Meeting

Dr.R Ramesh, Dr.Srikumar Vasudevan, Dr.Nadeem Abootty,Dr.Sreejith Valappil ,Dr.Mini Balakrishnan,Dr.Shaji,Dr.Pushparaj and Dr.Dilnath Kallat attended the district committee held on 30.07.2025 at IMA Hall Kannur. IMA President and Secretary addressed the gathering and summerise the activities of IMA Thalassery for last quarter in the dist committee meeting. President invited all the dist committee members and other branch leaders for the upcoming IMA AMS CME.





6) STATE PROGRAMMES

i) Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 300 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii) Observation of State designated days

01.07.2022: Doctors Day Celebration

Doctor's day, the Birth and Death Anniversary, of the legendary Dr. B.C.Roy was celebrated in a befitting and grand manner at Hotel Pearlview, Thalassery. Prayer & Flag Salutation by Dr. Shajeera Beegam (Treasurer WIMA Thalassery). IMA President Dr. Nadeem Abootty presided over the function. Smt. Ruby K Jose (Addl. District & Sessions Judge III) was the chief guest. IMA National Vice President Elect & Past President IMA KSB Dr. Ramesh R delivered the doctors day message. IMA Thalassery honoured Dr. Geethadevi P M, Dr. Arun Kumar M K & Dr. Chandrasekharan P, senior doctors of our branch. President Dr. Nadeem Abootty presented a memento to the chief guest.

The various Scholarships and aids were distributed by the Chief Guest. A Scholarship amount of Rs. 5,000/- each were presented to two financially backward MBBS students from Kannur District from the Dr. K.T.P Nambiar and Smt. Sreedevi Amma Memorial endowment fund 1st year MBBS Students **ABHINAND K M**(Jubilee Mission Medical College,Thrissur) , II nd year MBBS Student **ANANTHU K**(KMCT Medical College,Kozhikode) & III rd year MBBS student **FATHIMATHU SHANA PARVI**(KAP Viswanatham Government Medical College). Financial aid from the Dr. P.V.George Memorial Fund was distributed to one cardiac patient awaiting surgery. An amount of Rs. 10,000/- was handed over during the function. An amount of Rs. 5,000/- each were handed over as financial aid from the Mr. K.K.Nambiar memorial fund to two cancer patients. An amount of Rs. 5,000/- each were handed over as financial aid from the Dr.Sunil Kumar memorial fund for two cancer patients.

As part of the 25th Anniversary of the IMA Thalassery Pain and Paliative Society doctors and volunteers were honoured.

Prize Distribution was also held for the winners of the competitions organized under the auspices of the IMA Thalassery Literary Club.

Dr.Gopeenathan P (Vice Chairman, PEPS), Dr.Surendra Babu V P(Central Working Committee Member) ,Dr.Mini Balakrishnan(Vice Chairperson WIMA Kerala) and Dr.Pradeep Kumar(SWC Member IMA Thalassery) spoke at the event. Around 150 people including members of Thalassery IMA, their families, representatives of other organizations including Lions Club, Jaycees, Rotary club, Elders Forum, Senior citizens forum, Senior Chamber, Press Club, Bar Association, Cosmopolitan Club attended the meeting. IMA Secretary Dr. Sreejith Valappil proposed the vote of thanks.







- Dr.Sreejith Valappil (Secretary IMA Thalassery) was honoured by BEMP HSS Thalassery on the occasion of Doctors Day.



Dr.Nadeem Abootty(President IMA Thalassery), was honoured by Headmaster Mr.Nisar for Junior Red Cross at Mubarak Higher Secondary School as part of doctors day program. Attended by JRC Co-ordinator Nazeer Master and PTA President Thafleem.



Dr.Babu Ravindran T N (Past National Vice President IMA) was the chief guest of doctors day celebration at Calicut.



Thalassery WIMA joined hands with IMA to honour one of our senior most doctors, Dr. Rajalakshmi Madam, who was not been able to attend Doctors' Day programs for the last few years despite our repeated requests. This time, we decided to do something different . We visited at her home to honour her for 20 long years of selfless charity work at end of her career.For two decades, Madam has served the poor and needy through various organisations, always with love and dedication. It was a momento of happiness and our visit was very much refreshing for both Madam and us.



- Dr.Sujatha B K,Dr.Abdul Rasheed and Dr.Najmath, pioneers of Palliative care at Thalassery IMA Pain & Palliative clinic being honoured at their home by IMA & WIMA Thalassery on 6.7.25 for their years of selfless work.



- Dr.Suchitra Sudheer was the chief guest for the Doctor’s Day program at IMA Payyanur on July 1st 2025.



11.07.2025: World Population Day

World population Day observation at Sankaranellur sub centre Mangattidam panchayat on 11.7.25. Around 25 people participated in the program. Awareness about right age for child birth, interval between childbirth and healthy family was given by Dr.Sreeja Viswan.



28.07.2025: World Hepatitis day

World Hepatitis day observed on 28.7.25.Dr.Sreeja Viswan took an awareness class on Hepatitis at Ayithara Mambram High school in Mangattidam panchayat.Around 70 students participated in the class.



iii) Registration in State Annual Conference

13.07.2025: Dr.Suchitra Sudhir, our member and KFOG President inaugurated TOGSICON 25 held at Hyatt Regeancy,Thrissur on 13.07.2025 which was jointly organised by the Obstetrics & Gynacology Society and Royal College of Obstetritians & Gynacologists Kerala Chapter.



20.07.2025: Dr.Suchitra Sudhir, Dr.Geetha Mekkoth and Dr.Mini Balakrishnan were honoured at KFOG Milan organised Gynaec Society,Perinthalmanna on 20.7.25.



7)SUB COMMITTEE ACTIVITIES

Sessions on Leadership & Communication Skills

20.07.2025: Communication skill class

Communication skill class for Gynaec Society at Perinthalmanna. Class was taken by Dr.Mini Balakrishnan (Vice Chairperson WIMA)



SPECIAL PROJECTS BY BRANCH

Pain and Palliative Care Society

16.07.2025: IMA Thalassery celebrated the 25th Anniversary of the IMA Thalassery Pain and Palliative Society at IMA Pain & Palliative Clinic, General Hospital Thalassery on 16.07.2025. All volunteers were honoured in the occasion. IMA Past President and Superintendent at of General Hospital Dr. Rajeevan V K was honoured during the function. IMA President Dr. Nadeem, IMA Secretary Dr, Sreejith, IMA Pain Clinic Joint Sec. Dr. Rameshan T felicitated the gathering.



1. 1.NUMBER OF NURSES HOME CARE CONDUCTED... 8 (ON ALL WEDNESDAYS AND SATU R DAYS)
2. NUMBER OF VOLUNTEERS (HOME CARE CONDUCTE)...8
3. NUMBER OF VOLUNTEERS HOME CARE PATIENTS... 38
- 4.NUMBER OF NURSES HOME CARE PATIENTS... 38
5. NUMBER OF OUT PATIENTS (OP) CONDUCTED... 5 (ON ALL WEDNESDAY)
6. NUMBER OF PATIENTS OP ATTENDED,....76

7. NUMBER OF WOUND CARE PATIENTS.... 4
8. NUMBER OF CATHETER CARE PATIENTS.... 9
9. NUMBER OF DEATH CASE.. 10
10. NUMBER OF MORPHINE PATIENTS.. 18
11. NUMBER OF CANCER PATIENTS... 58
- 12.NUMBER OF VOLUNTEERS PARTICIPATED IN THE HOME CARE VISITED.... 5
13. NUMBER OF NEW CASE...8
- 14.DOCTOR'S HOME CARE... Nil
15. NUMBER OF DOCTOR'S HOME CARE PATIENTS.. Nil
16. July 1st to 31 st 2025 reports.

Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon